

DISTANCE KEY

- Nelson - Mapua 33 kms

Estimated riding time: 2 - 3 hours
- Mapua - Motueka 26 kms

Estimated riding time: 2.5 - 3.5 hours
- Motueka - Kaiteriteri 16 kms

Estimated riding time: 1.5 - 2.5 hours
- Riwaka - Woodstock 31 kms

Estimated riding time: 2 - 3 hours
- Woodstock - Kohatu 26 kms

Estimated riding time: 1.5 - 2.5 hours
- Kohatu - Wakefield 26 kms

Estimated riding time: 2.5 - 3 hours
- Wakefield - Richmond 19 kms

Estimated riding time: 1 - 2 hours
- Richmond - Nelson 14 kms

Estimated riding time: 1 - 2 hours
- Times do not include rest stops

LEGEND

- Great Taste Trail

Great Taste Trail, on road

Alternative route, on road

Alternative route
- Toilets

Mapua Ferry

Accommodation

Parking

Food

Information

E-Bike Charging Station

Activities & Attractions

Accommodation

Bike Hire Tours

Bike Shop & Services

Cafés & Eateries

Wineries & Breweries

What to take

• Practical clothing suitable for the season and weather forecast

• Small backpack

• Bike helmet

• Bike pump, spare tube, tools

• Torch for Spooners Tunnel

• Snacks and water bottle

• Sunscreen, sun hat, sunglasses

• Warm top/spare layer

www.heartofbiking.org.nz

Riding the Great Taste Trail

Taste the extraordinary diversity of Nelson Tasman's towns, orchards, farms and vineyards, sparkling coastlines, rivers and hill valleys. Enjoy spectacular views, sample local food, wine or brews, spot wading and sea birds, and meet friendly locals.

The Great Taste Trail can be ridden all year round, and in either direction.

With many access points, you can choose a section and head out for a couple of hours, take the whole day, or enjoy a multi-day biking adventure.

Coastal sections are mostly flat, easy riding. There are a few more challenging grade 3 sections in the hill valleys.

Be sure to allow plenty of time to stop and enjoy the views, indulge in the eateries, and explore the nooks and crannies along the trail.

Ten trail sections are detailed on the reverse. See trail grade, ride times, gradient maps and trail 'tastes' to help you create your own adventure. Ride times do not include stops. Be sure to allow plenty of time to stop and enjoy the views, indulge in the eateries, and explore the nooks and crannies along the trail.

If you prefer, you can join a tour, or have someone tailor the adventure for you, arrange pick-ups, bike hire, food, accommodation and guides.



Official Partners

ACTIVITIES & ATTRACTIONS

- 209 Mapua Ferry

Mapua Wharf, Mapua
mapuaferry.co.nz | 03 548 0093

403 McGlashen Pottery

128 Ellis Street, Brightwater
rycemcglashen.co.nz | 03 542 3585

222 JointWorks Studio

413 Aporo Road, Upper Moutere
jointworks.co.nz | 03 526 6171

20 Pic's Peanut Butter World

49 Saxton Road West, Stoke
picspeanutbutter.com | 03 5448402

501 Tapawera Promotion Association

tapawera.org.nz | 03 522 4334

104 Parkside Motel

42 Gladstone Road, Richmond
parksidemotel.co.nz | 03 544 2264

25 Rutherford Hotel Nelson

27 Nile Street West, Nelson
heritagehotels.co.nz/nelson | 03 548 2299

236 Tasman Village Cottage

20 Baldwin Road, Upper Moutere
tasmanvillagecottage.co.nz | 03 5266155

27 Tahuna Beach Holiday Park & Motels

70 Beach Road, Tahunanui
tahunabeach.co.nz | 03 548 5159

31 Tasman Bay Backpackers

10 Weka Street, Nelson
tasmanbaybackpackers.co.nz | 0800 222 572

210 Mapua Leisure Park

33 Toru Street, Mapua
mapualeisurepark.co.nz | 03 540 2666

30 Trailways Hotel

66 Trafalgar Street, Nelson
trailwayshotel.co.nz | 0800 872 459

19 Palms Motel

5 Paru Paru Road, Nelson
palmsnelson.co.nz | 03 546 7770

307 Kaiteriteri Recreation Reserve

5 Kaiteriteri-Sandy Bay Road, Kaiteriteri
experiencekaiteriteri.co.nz | 03 527 8010

240 Tasman View Accommodation

903 Tasman View Rd, Upper Moutere
etasmanview.co.nz | 021 119 2239

422 Canine and Equine Retreat

178 Wakefield-Kohatu Highway, Wakefield
canineretreat.co.nz | 027 891 1471

421 The Wakefield Hotel

48 Edward Street, Wakefield
thewakefieldhotel.co.nz | 03 541 8006

330 Eden's Edge Lodge

137 Lodder Lane, Riwaka
edensedge.co.nz | 03 528 4242

ACCOMMODATION

201 Accent House

148 Aranui Road, Mapua
accentbnb.co.nz | 03 540 3442

117 Appleby House & Rabbit Island Huts

37 Halifax Street and Mapua Wharf and Kaiteriteri
applebyhouse.co.nz | 027 663 2639

325 Bethany Park Christian Camp

197 Seaton Valley Road, Mapua
bethanypark.co.nz | 03 527 8014

326 Abel Tasman Estate

2048 Westbank Road, Motueka Valley
03 526 8186

341 Cherry Homestead

1684 Westbank Road, Motueka Valley
cherryhomestead.nz | 0277635871

203 The Gates Accommodation

197 Seaton Valley Road, Mapua
thegates.co.nz | 03 540 2793

36 Grand Mercure Nelson Monaco

6 Point Road, Monaco, Nelson
monacoresort.co.nz | 03 546 0797

10 Greens Motel

36 Golf Haven Ways, Annesbrook
greensmotel.co.nz | 03 546 4341

308 Kimi Ora

99 Martin Farm Road, Kaiteriteri
kimiora.com | 03 527 8027

230 Mapua41South Holiday Accom.

55 Aranui Road, Mapua
mapua41south.com | 03 540 2109

312 Motueka Top 10 Holiday Park

10 Fearon Street, Motueka
motuekatop10.co.nz | 03 528 7189

16 Nelson City Top 10 Holiday Park

230 Vanguard Street, Nelson
nelsoncitytop10.co.nz | 0800 778 898

BIKE HIRE & TOURS

333 Destination Tasman

25 Jocelyn Avenue, Motueka
destinationtasman.co.nz | 021 0876 7992

117 Kiwi Journeys

37 Halifax St East, Nelson, Mapua Wharf, Kaiteriteri
kiwijourneys.co.nz | 0800 292 538

604 Tuatara Tours NZ

168 Redwood Road, Appleby
tuataratours.co.nz | 0800 377 378

17 Nelson Cycle Hire

Airport House, Nelson Airport
nelsoncyclehire.co.nz | 03 539 4193

5 Biking Nelson

YHA, 59 Rutherford St, Nelson
bikingnelson.co.nz | 0800 224 532

28 The Gentle Cycling Company

411 Nayland Road, Nelson
gentlecycling.co.nz | 03 929 5652

220 Wheelie Fantastic Cycle Tours

151 Aranui Road, Mapua
wheeliefantastic.co.nz | 03 543 2245

26 Simply Wild Journeys

simplywild.co.nz | 03 548 8500

322 Wilsons Abel Tasman

409 High Street, Motueka; Inlet Road, Kaiteriteri
abeltasman.co.nz | 03 528 2027

37 Helibike Nelson Ltd

170 Washington Road, Nelson
helibikenelson.co.nz | 03 546 6896

602 South Island Tours NZ

65 Willowside Place, North Canterbury
southislandtours.nz | 027 435 1955

BIKE SHOP & OTHER SERVICES

99 Gravity Nelson

140 Bridge Street, Nelson
gravitynelson.co.nz | 03 545 8484

413 Ellis Street Auto Repairs

104A Ellis Street, Brightwater
ellisauto.co.nz | 03 542 4035

38 Nelson Car Storage

30C Venice Place, Stoke
storagenelson.co.nz | 027 407 2074

111 Village Cycles

301 Queen Street, Richmond
villagecycles.co.nz | 03 544 7166

44 Hybrid E-bikes

12 Woolshed Dr, Stoke
hybridbikes.co.nz | 027 544 3213

114 My Ride Richmond

203 Queen Street, Richmond
myride.co.nz/richmond | 03 544 5429

2 Findex NZ Ltd

P O Box 10, Nelson, 7040
findex.co.nz | 03 546 0162

608 Great Rides App

greatridesapp.com | 027 2488 961

CAFÉS & EATERIES

412 Cafe Rhubarb

6 Edward Street, Wakefield
facebook.com/pizzacafe1 | 03 541 8747

207 Jester House

320 Apura Road, Tasman
jesterhouse.co.nz | 03 526 6742

227 Riverside Community

289 Main Road Lower Moutere
riverside-cafe.co.nz | 03 526 7477

318 Toad Hall

502 High Street, Motueka
toadhallmotueka.co.nz | 03 528 6456

229 Jellyfish Restaurant and Bar

Shed 1, Mapua Wharf, Mapua
jellyfishmapua.co.nz | 03 540 2028

233 Java Hut

84B Aranui Road, Mapua | javahut.co.nz

211 Mapua Smokehouse

Shed 2, Mapua Wharf, Mapua
smokehouse.co.nz | 03 540 2280

303 Ginger Dynamite Go-Go Food & Coffee

488 Main Road, Riwaka | 021 168 8736
gingerdynamite.co.nz

401 HQ Café

38 Ellis Street, Brightwater
facebook.com/HeadquartersCafeBar
03 542 3850

29 The Honest Lawyer

1 Point Road, Monaco
honestlawyer.co.nz | 03 547 4070

215 The Appleshed Kitchen and Bar

Shed 3, Mapua Wharf
theappleshed.co.nz | 03 544 3381

425 The Villa, Wakefield

14 Whitby Way, Wakefield
dailyexchange.co.nz | 03 541 8531

414 The Bakery @ Wakefield

12 Clifford Rd, Wakefield
03 541 9787

WINERIES & BREWERIES

11 McCashins Brewery & Café

660 Main Road, Stoke
mccashins.co.nz | 03 547 5357

109 Sprig & Fern

53 Beach Rd, Richmond
sprigandfern.co.nz | 03 544 8675

306 HOP Federation

483 Main Road, Riwaka
hopfederation.co.nz | 03 528 0486

112 Selfried Estate

168 Redwood Road, Appleby
selfried.co.nz | 03 544 5599

605 Dunbar Estates

1463 Motueka Valley Hwy, Ngatimoti
dunbarestates.co.nz | 0275 008 400