

## THE TRAIL

This is a one, two, or more day's ride from the beautiful Bay of Islands to picturesque Hokianga Harbour, or vice versa.

Pou Herenga Tai Twin Coast Cycle Trail – one of the 22 Great Rides of New Zealand. The cycle trail stretches 87 km from Opuia on the east coast, across the heartland to Horeke on the Hokianga Harbour on the west side.

The Cycle Trail tells the story of an emerging nation, capturing the history and heritage of both Māori and European activity and settlements. Story boards along the way bring life to the history and stories of local people.

The trail is open during daylight hours only, and the compacted shale surface is usable all year round.

## OPUIA TO KAWAKAWA

SECTION 1  
DISTANCE - 11KM

Grade 1 cycling - easy, suitable for all ages

Starting in Opuia (Bay of Islands) this section of the cycle trail is flat, easy, scenic cycling, with stunning water views. Just 4km from Kawakawa you cross Long Bridge at Taumarere to the railway station. You have the choice of catching the train, which is equipped to take bikes, into Kawakawa (check the timetable).

Riding the cycle trail, you will be alongside of the train tracks, and will have an easy flat ride into Kawakawa.

### Trail Highlights

- Opuia – the maritime centre of the Bay of Islands
- Cycling alongside the water's edge
- Taumarere Long Bridge and Railway Station
- Te Hononga and Hundertwasser toilets
- Home of the Vintage Railway
- Kawakawa – the joining of cultures



## KAWAKAWA TO KAIKOHE

SECTION 2  
DISTANCE - 34KM

Grade 1 and 2 cycling - easy

Departing Kawakawa on the west of town, the cycle trail follows a route behind the Moerewa Freezing works. Moerewa is also known as 'Motown' or 'Tuna Town'. Heading further inland through rural landscapes to Tuhipa suspension bridges the cycle trail is on a gradual incline to Kaikohe across rolling farmland. Before you reach Kaikohe you will pass the Kaikohe Aerodrome built in 1942 as a US Marines bomber base. Kaikohe is a medium size township with rich Māori and European heritage. Kaikohe is the hometown of Ngāpuhi.

### Trail Highlights

- Suspension Bridges at Tuhipa
- Rural scenery cycling through forests and farms
- The Pioneer Village in Kaikohe – just 200m off the trail
- Fire House Museum, accommodation, shops, eateries and activities
- Newly upgraded Ngawha hot springs - 6km from Kaikohe (off the trail)

## KAIKOHE TO OKAIHAU

SECTION 3  
DISTANCE - 14KM

Grade 1 and 2 cycling - easy

Climbing gently west of Kaikohe on a disused railway corridor, the cycle trail climbs gently to the highest point at 280 metres above sea level. You will pass through an 80m curved rail tunnel built in 1915 before descending to Lake Ōmāpere. Despite reaching the highest point on the cycle trail - it is an easy grade 1 to 2 ride with ever changing views of native bush, farmland, streams and Lake Ōmapere.

### Trail Highlights

- Lake Ōmāpere - is of great cultural and environmental value to Māori
- Summit of Kaikohe – with impressive views
- 80-metre-long curved rail tunnel. Handy hint! Let your eyes adjust to the dark before entering the tunnel or dismount your bike and walk through it
- A water ford close to Okaihau
- Native Bush, farmland, streams and Lake

## OKAIHAU TO HOREKE

SECTION 4  
DISTANCE - 28KM

Grade 2 and 3 cycling

Okaihau, a small friendly township with great food before heading further west taking on the exciting Grade 3 downhill zig-zags, along the Utakura River to Snow's Farm and picnic beside the river. Cycle through a rural setting passing marae which should be respected as 'private property' and carry on to a harbourside 1km boardwalk to Horeke. The cycle trail shares the road for a further 3km to Māngungu Mission House, or make advanced booking for the boat charter for a harbour crossing.

### Trail Highlights

- Panoramic views
- Cycling through the valley beside the Utakura River
- Snow's picnic spot
- 1100m boardwalk through the mangroves
- Māngungu Mission House – a must do photo stop!
- Passenger & cycle transport/scenic boat trip



## POU HERENGA TAI TWIN COAST CYCLE TRAIL

HOREKE	OKAIHAU	KAIKOHE	KAWAKAWA	OPUIA
28 km	14 km	34 km		11 km

Complete our survey and be in to win our **monthly prize**

Te Kaunihera o Tai Tokerau ki te Raki

GREAT RIDES APP

THE NEW ZEALAND CYCLE TRAIL

Don't forget to lock your bike

Please report all hazards to Far North District Council 0800 920 029





## ABOUT US

The Pou Herenga Tai Twin Coast Cycle Trail Charitable Trust manages the cycle trail on behalf of the Far North District Council. The Trust manages the daily operations, maintenance, marketing and promotion and future developments. The Trustees promote the use of the cycle trail to both visitors and local communities. The role of the trustees is to ensure the interests of the community and mana whenua are represented.

## iSITE

Please contact Paihia iSite for assistance with information and bookings and or book direct to our Trail bike Hire services below;

☎ 0800 474 830 or 09 402 7345



SCAN HERE

## BIKE HIRE + SHUTTLES

### TWIN COAST ADVENTURES

Located in central Kaikohe, motel accommodation, bike hire and shuttles. Base yourself in the centre of the trail.

📍 30-36 Raihara Street  
Kaikohe 0405  
Northland

☎ +64 (09) 401 2743  
✉ office@twincoastadventures.com  
twincoastadventures.com

### TOP TRAIL HIRE AND TOURS

Quality bike hire, E-bikes or standard trail bikes, shuttle transport with Top Trail hired bikes or BYO bikes.

📍 39 Rankin Street  
Kaikohe 0405  
Northland

☎ 0800 867 872 / 0274 535 176  
✉ Info@toptrail.co.nz  
toptrail.co.nz

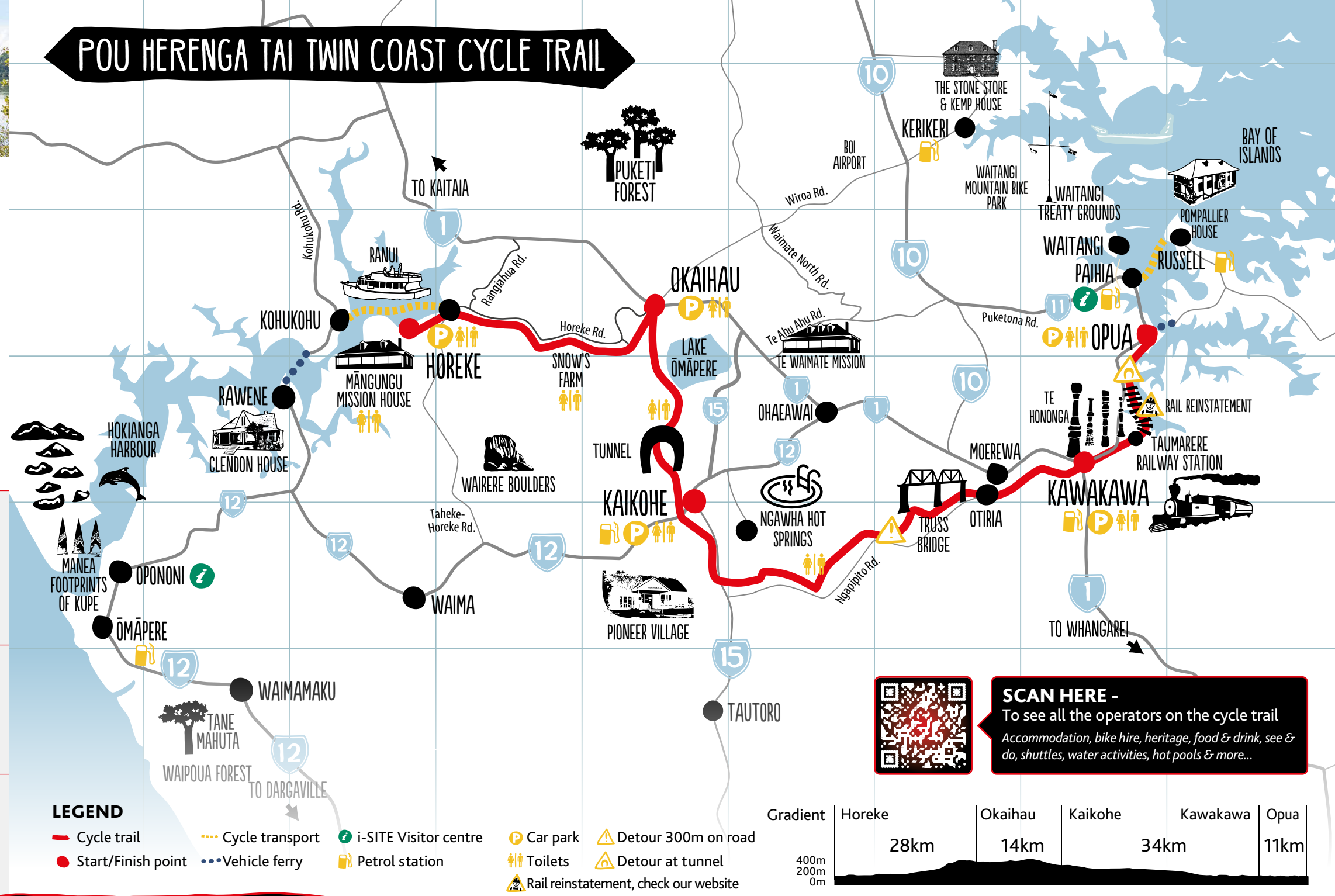
### TWIN COAST CYCLE TRANSPORT

Wherever you are staying along the Trail, we will collect you and your bikes. We also hire E-Bikes and mountain bikes.

📍 2 Baffin Street  
Opua Marina  
Bay of Islands

☎ 0800 891 340  
✉ sales@nsebh.co.nz  
twincoastcycletransport.co.nz

# POU HERENGA TAI TWIN COAST CYCLE TRAIL



### LEGEND

- Cycle trail
- Cycle transport
- i i-SITE Visitor centre
- P Car park
- ⚠ Detour 300m on road
- Start/Finish point
- Vehicle ferry
- 🛢 Petrol station
- 🚻 Toilets
- ⚠ Detour at tunnel
- 🚂 Rail reinstatement, check our website



**SCAN HERE -**  
To see all the operators on the cycle trail  
Accommodation, bike hire, heritage, food & drink, see & do, shuttles, water activities, hot pools & more...

Gradient	Horeke	Okaihau	Kaikohe	Kawakawa	Opua
400m 200m 0m	28km	14km	34km		11km