

- 186km
- 3-5 days
- Easy/Intermediate

aroundthemountains.co.nz

Around the Mountains Cycle Trail - Put it on your 'Bike It' list!

RIDING THE TRAIL

Set in the remote wilderness of southern New Zealand, the trail offers a truly unique experience for those seeking to venture off the beaten track.

Graded 2-3 (easy to intermediate) it has achievable riding options for novice and family cyclists. The gradient is relatively flat with the exception of the 2.5km Von Hill climb. However, this can be walked if it proves too challenging.

Taking 3-5 days to conquer, the 186km journey can be ridden in either direction but is easier from Walter Peak to Kingston due to prevailing winds.

Expect the unexpected ... Mother Nature has a knack of whipping up some challenges to tackle here in the Deep South, adding a whole new element to the adventure.

There are two fords between Mt Nicholas Station and Mavora. Please check metservice.com or

www.aroundthemountains.co.nz if it has been raining to check river flow and riding conditions.

Parts of the trail are remote and there is no mobile phone coverage in the wilderness between Mt Nicholas and Centre Hill.

The trail between Mavora and Centre Hill is on a gravel road so riders may experience loose gravel and dust.

What are you waiting for? It's time to tick it off your "bike it list".

SUGGESTED DAY RIDES

Centre Hill Shelter to Mossburn
>> 🚲 24km

Lumsden to Five Rivers
>> 🚲 14km

Athol to Kingston
>> 🚲 30km
>> 🚗 to Queenstown

MAP KEY

- Around The Mountains Cycle Trail
- Kingston Shuttle Bus Route
- On road section
- 24km Distance between two points
- 45mins Time between two points (at an average riding speed of 10km/hr)
- Boat Transport
- FORD Ford
- 🏠 Accommodation
- 🚻 Toilets
- 🍴 Food
- ☕ Coffee
- 🍷 Pub/Beverages
- ⛽ Petrol
- 🏕️ Camping
- 🛒 Supermarket

A TRAIL FOR ALL

A manicured trail through the back country of New Zealand, with a focus on accessibility and rider support. Custom bridges span the many rivers and high grade trails make for a comfortable ride.

SOUTHERN FOLK

Mix it up with the local farming community, their traditions and local delicacies. Enjoy a cold beverage at the end of the day at one of the traditional taverns on route.

WHERE NATURE MEETS FARM

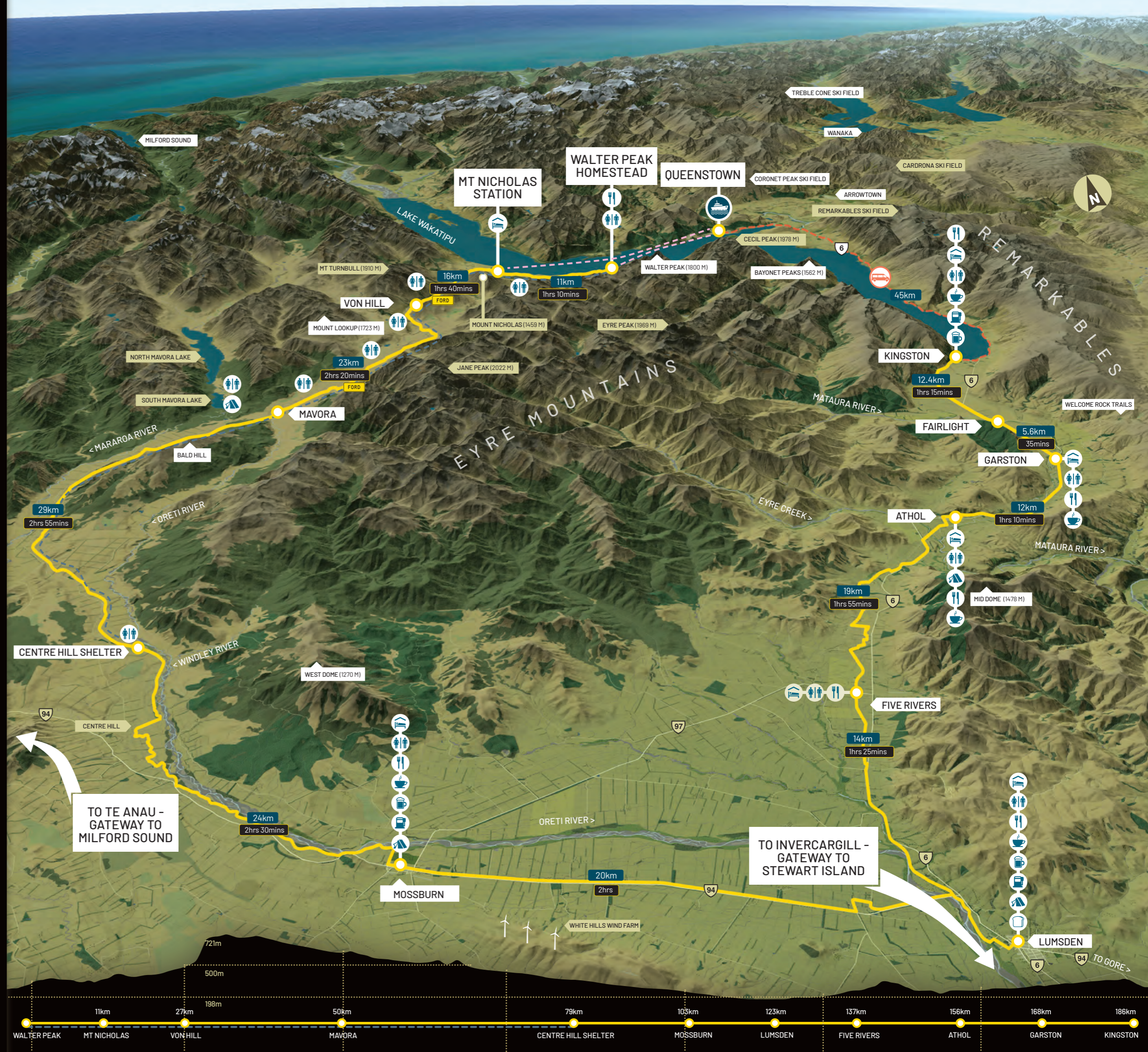
The boundary between the home of native flora and fauna and the cultivated agricultural lands, with harvests from land such as dairy, beef, venison, wool and lamb. The rivers are world famous for fly fishing opportunities.

SO MANY LANDSCAPES

From lakeside, high country, small towns, retired rail lines, national parks and operating farms the trail circumnavigates the Eyre Mountains.

TAKA RA HAKA

The rivers and lakes of Southland were traditional pathways and hunting grounds of the Maori, and the location is known as Taka Ra Haka - where the sun dances on the mountain tops at the end of the day.



TO TE ANAU - GATEWAY TO MILFORD SOUND

TO INVERCARGILL - GATEWAY TO STEWART ISLAND

